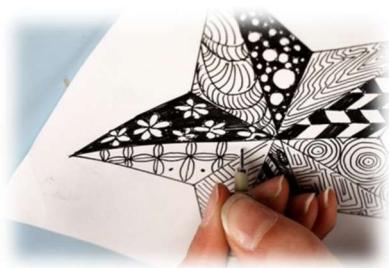




# Spring Reset Women's Retreat

**It's time to run away from home.** Spend a day in the Foxfire lodge in the northern Lancaster County woods, treating yourself to a mind, body, and soul reset.

Immerse yourself in beauty as you breathe in the fresh air of the woods, nourish your body with a vegetarian lunch and drum your way into a deep relationship with the earth. Take your relaxed self back into your world, with a renewed sense of beauty, confidence and calm.



**Saturday, April 4, 2026**

**9:00 – 4:00 pm**

**\$167**

Register

<https://foxfireretreat.eventbrite.com>

**EXPECT  
BEAUTIFUL  
MOMENTS**

Sweet, quiet times for journaling and chatting with new friends.

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Connect with the rhythms of the earth through **drumming** with Lisa.

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Meditate while creating your own **Zentangles** with Claire.

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Experience the woods as never before with **Forest Therapy**, led by Elizabeth.