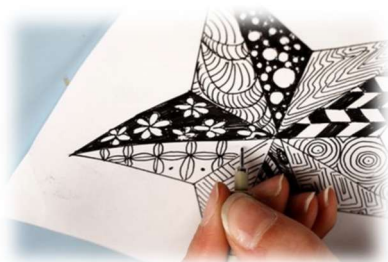


Spring Reset Women's Retreat

It's time to run away from home. Spend a day in the Foxfire lodge in the northern Lancaster County woods, treating yourself to a mind, body, and soul reset.

Immerse yourself in beauty as you breathe in the fresh air of the woods, nourish your body with a vegetarian lunch and drum your way into a deep relationship with the earth. Take your relaxed self back into your world, with a renewed sense of beauty, confidence and calm.



Saturday, April 4, 2026

9:00 – 4:00 pm

\$167

Register

<https://foxfireretreat.eventbrite.com>

EXPECT BEAUTIFUL MOMENTS

Sweet, quiet times for journaling and chatting with new friends.

Connect with the rhythms of the earth through **drumming** with Lisa.

Meditate while creating your own **Zentangles** with Claire.

Experience the woods as never before with **Forest Therapy**, led by Elizabeth.